

**For Immediate Release
For Tuesday, March 30, 2004**

MOVEON'S "50 WAYS TO LOVE YOUR COUNTRY"

HITS #1 ON AMAZON.COM

**Recently Released Activist Guide Urges Public to “Find
your political voice and become a catalyst for change!”**

Washington, DC, March 30, 2004.....“50 Ways to Love Your Country,” the recently released political activist guide compiled by Moveon.org, shot to #1 on the amazon.com Top 100 bestsellers list today. The guide includes essays and tips on how to engage in political dialogue in diverse and productive ways and is filled with the inspiring stories of 50 MoveOn members and introductions by Al Gore, Nancy Pelosi, Gail Sheehy, MoveOn founders and staff and other public figures.

“We are thrilled to see the public respond this way,” said MoveOn.org co-founder Joan Blades. “This book brings a message of optimism and opportunity to anyone who wants to get involved in the political process and is filled with uplifting stories of success from which we can all take inspiration,” Blades concluded.

Arianna Huffington, columnist and author of “fanatics and Fools,” has called the book: “Both nuts and bolts practical and deeply personal.....political Viagra for anyone tired of feeling hopeless, helpless and impotent in the face of our Big Money/Big Media controlled political system.”

For more information about the book, go to www.moveon.org or www.innerocean.com.

MoveOn.org is a 501(c) (4) organization that focuses on education and advocacy on important national issues.